

# Roll Tide Roll

**Count:** 32    **Wall:** 4    **Level:** Beginner

**Choreographer:** M. Clements

**Music:** AlaFreakinBama by Trace Adkins

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## Start dance on lyrics

### **KICK BALL, KICK BALL, RIGHT SIDE TRIPLE, ROCK, RECOVER**

- 1&2            Right kick ball change
- 3&4            Right kick ball change
- 5&6            Chassé side right, left, right
- 7-8            Rock left back, recover to right

### **SHUFFLE FORWARD, STEP, ½ TURN TO THE LEFT, SHUFFLE FORWARD STEP, ½ TURN TO THE RIGHT**

- 1&2            Shuffle forward with left, right, left
- 3-4            Step right forward, ½ turn to the left ending with weight on left
- 5&6            Shuffle forward with right, left right
- 7-8            Step left forward, ½ to the right ending with weight on right

### **LEFT GRAPEVINE, RIGHT GRAPEVINE**

- 1-2            Step left to side, cross right behind left
- 3-4            Step left to side, touch right next to left
- 5-6            Step right to side, cross left behind right,
- 7-8            step right to side, touch left next to right

### **JAZZ BOX, JAZZ BOX ¼ TURN TO THE RIGHT**

- 1 – 2            Cross right over left, step left back
- 3 – 4            Step right to side, step left slightly forward
- 5 – 6            Cross right over left, step left back ¼ turn
- 7 – 8            Step right to side, step left slightly forward

## **REPEAT**